

## CORK'S PLACE IS...

- **A safe and nurturing environment** where hurting children, teens and families can share experiences, support one another and find comfort as they move through the difficult process of emotional healing.
- **A place that empowers** children, teens and families to lead productive, joyful and healthy lives.
- **Staffed by professional** grief counselors and trained volunteers.
- **The only facility in our area** specifically designed for children and teenagers, ages three through eighteen, who are grieving the death of a loved one.
- **A place that fosters in-depth conversations** as well as artistic and physical activities that allow children and teens to express their emotions.
- **For parents and caregivers too.** They are encouraged to participate in group meetings focused on the emotional needs of hurting children and teens while they move through their own healing process.

## CHAPLAINCY HEALTH CARE'S MISSION

The team at Chaplaincy Health Care focuses on the entire person – their physical, emotional, and spiritual needs. We guide, comfort and care for people experiencing serious illness, end of life, behavioral health issues, personal crisis and loss.

### Chaplaincy Health Care offers the following programs and services:

- Hospice Care
- Palliative Care
- Grief Care
- Cork's Place – grief care for children and teens
- Contract Chaplain Services
- Behavioral Health Therapy



Expert Guidance  
for Children During  
Seasons of Grief



712 W. 19<sup>TH</sup> AVE.  
KENNEWICK, WA 99336  
(509) 783-7416  
CHAPLAINCYHEALTHCARE.ORG



United Way of  
Benton & Franklin Counties  
unitedway-bfco.com



## CORK'S PLACE FEATURES

Cork's Place encourages powerful feelings and energy to be released in a way that is positive, focused, and therapeutic.

Healing spaces include:

- **Group Circle Room:** This area facilitates comfort in sharing and provides the transition space into and out of Cork's Place activities.
- **Dramatic Play Area:** Children are able to utilize puppets, clothing, and role playing resources to process their grief through imaginative and social play.
- **Art Room:** Arts and crafts serve as a medium for children and teens to express their thoughts and emotions through creativity.
- **Activity Room:** A multi-purpose room where youth connect with one another through music, board, and table games.
- **Volcano Room:** A well-padded room that includes a punching bag and gloves that help children and teens release big energy in a safe and monitored setting.
- **Paint Splatter Room:** In this room children and teens can release big emotions through free-format painting.
- **Hospital Room:** A thought-provoking room that provides children and teens the opportunity to explore their fear and other emotions in a mock hospital setting.

## SHORT TERM SIGNS OF GRIEF

- Nervousness
- Nightmares or reoccurring dreams
- Depression or withdrawal
- Hyperactivity
- Expressive anger or uncontrollable rages
- Inability to concentrate (especially in school)
- Over-dependency on one person
- Frequent illness

## POSSIBLE LONG TERM EFFECTS

**Without help, the effects of unresolved grief may continue for generations.**

- Substance abuse
- Suicide
- Eating disorders
- Chronic depression
- Difficulty with vocational success
- Inability to find joy in life
- Violence
- Difficulty maintaining relationships

Source: *Never the Same: Coming to Terms with the Death of a Parent*, By Donna Schuurman

## GETTING STARTED

Parents and caregivers can contact us directly to talk about joining a support group. If appropriate, we will schedule a family intake appointment, during which we will talk about relevant family history, current family needs, and reactions to the death.

## WHEN SHOULD I CALL?

Some families contact us immediately after a death, while others come to us months or even years later. We welcome families to contact us at any time they feel ready.

Cork's Place is a safe and caring environment staffed by professionals and trained volunteers.



**Brandy Hickey**  
Operations Manager



**Heather Babler**  
Clinical Facilitator



**Wanda Kontur**  
Grief Specialist