



FALL 2017

HOSPICE CARE
PALLIATIVE CARE
GRIEF CARE
BEHAVIORAL HEALTH

What's Inside

- 2 We Honor Veterans
- 3 Special Thanks and News
- 4 Wish Lists
- 5 Memorials & Donations
- 6 End of Life Conference
- 7 Grief Support Groups & Classes
- 8 Lighting the Path

Expert
guidance

We Honor Veterans

Page 2

WE HONOR VETERANS

"America's veterans have done everything asked of them in their mission to serve our country. We believe it is never too late to give them a hero's welcome home."

These words from **We Honor Veterans** (wehonorveterans.org), express why Chaplaincy Hospice Care is part of the **We Honor Veterans** program. This special program, created by the National Hospice and Palliative Care



WE HONOR VETERANS

Organization in collaboration with the Department of Veterans Affairs, recognizes the unique needs of America's veterans nearing the end-of-life and their families.

An important part of this program is honoring a veterans service to our country through a Pinning Ceremony. According to **We Honor Veterans**, this may provide the last opportunity for veterans in hospice to know that they are appreciated and that their service was not in vain.

Our pinning ceremonies are led by a dedicated group of volunteers. Shawnta DiFalco, commanding officer in the US Army Washington National Guard, volunteers for the program. "When you've served in the military, you immediately have this sense of family and connection with anyone who has served. It's sad to think that one of our own might be suffering and they are suffering alone." This is one of the many reasons she volunteers for the program.

The ceremony starts by draping the veteran in a special red, white, and blue quilt created by Laurie Gerber, hospice volunteer and retired nurse. Laurie designed the quilt, which has one square for each branch of the military, to show her appreciation for their service.

Each veteran is then presented with a flag pin, a certificate, and a handmade patriotic teddy bear created by long-time volunteer Annette Kuhl. She has been creating memory bears for hospice patients and their families for the past 6½ years.



Laurie Gerber displays the quilt she designed for the "We Honor Veterans" program.

Having experienced great loss herself, she knows how special, comforting, and meaningful they are. Annette has made 288 bears for hospice, and plans for more are underway. "It's my passion! I don't see myself stopping at any time soon."

The ceremony ends with a final salute from an active military member or a veteran like hospice and palliative care volunteer Dave Brandes. Dave grew up in a very patriotic family with his father and uncles serving in World War II. According to him, "I fell into serving my country pretty easily." Dave was a First Lieutenant in the Army and did a tour of duty in Okinawa. One of the many things he enjoys about volunteering in **We Honor Veterans** is the opportunity to

listen to the stories fellow veterans tell about their service. During the ceremonies, military friends and family members who have passed are never far from his mind.

We are grateful to Dave, Shawnta, Annette, Laurie and our **We Honor Veterans** volunteers for their compassion and support of our veterans and to all of our of volunteers for being partners in caring for those in our community. 🌱

To learn more about our pinning ceremonies or if you are a veteran or active military member and would like to volunteer, please contact us.



Annette Kuhl and one of her patriotic bears.

You Are An Angel!

Whether you sponsored the event, hosted a table, donated your time, products or services, or just came out to enjoy the evening, we are blessed to have your support.

We couldn't have had such a magical evening without you.

We are grateful to the following businesses and individuals who, by helping with this event, share in Chaplaincy Health Care's mission of serving others:

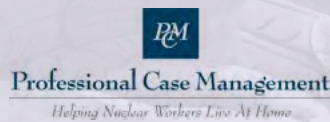
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Kiona Vineyards & Winery • Maryhill Winery • Orlison Brewing • SunRiver Vintners • Repeat Boutique • Chaplaincy Staff & Volunteers

Chaplain Receives Distinguished Honor



Bill Lotz

Bill Lotz, per diem chaplain with Chaplaincy Health Care, received the Legion of Honor Humanitarian Award on June 6 from the Four Chaplains Memorial Foundation. This award is "given in recognition of a lifetime commitment to selfless service and societal advancement that has demonstrably affected the quality of life in the community, state or nation, service without regard to faith or race" (The Four Chaplains Memorial Foundation).

This distinguished award puts Bill in the company of former presidents, luminaries, veterans and civilians from all walks of life. We heartily congratulate Bill for this well-deserved honor!

Please Save the Date

Hospice Memorial Service

Thursday, November 9 from 7-8 p.m.
The Garden, 6811 W. Okanogan Pl, Kennewick

Please join us for a special memorial service of recognition, music, and prayer. Anyone who wants to remember a loved one that has died is welcome.

WISH LISTS

An easy way to support the families and patients we serve is by supplying one or some of the items on our wish lists. These “little things” can help a lot!

Hospice Wish List

- Dark colored, twin, extra-long sheet sets in Jersey or t-shirt material
- Large Rubik's cubes or other large tactile items for restless patients to work with
- Patient gowns for men and women

Hospice Kitchen Wish List

- Coffee – regular or decaf
- Canned chicken (Kirkland brand)
- Bottled apple, cran-apple or grape juice (2 qt)
- Cans of frosting
- Individual liquid French vanilla creamers
- Gift cards for perishable foods
- Small to medium microwave (1 needed)
- Coffee Pots (with automatic shut-off)

Cork's Place Wish List

- Art canvases (any size)
- Unopened Polyfil stuffing
- Large bottles of Tempera washable paint with pump
- Letter beads
- Molding clay
- Gift cards for art supplies (Joann's, Hobby Lobby, or Craft Warehouse)



Repeat Boutique Hospice Thrift Store

Items to sell, such as:

- Furniture – home, office or patio
- Home décor
- Gently used and new clothing
- Antiques and collectibles

Bereavement Support Groups Wish List

(Please identify donation as for Bereavement.)

- Weighted lap blankets (7 needed)
- \$100 Gift card to purchase Hospice Memorial Service items
- \$100 Gift card to purchase finger labyrinths



VOLUNTEER NEEDS

Flexible, cheerful and available people who want to make a difference in the lives of others! No special talent or good looks are required. Compassion and promptness are highly desired. You can make a difference in the following areas:

- Share comfort and companionship by visiting those in hospice or receiving palliative care
- Bring beauty and joy to patients as a licensed hairdresser
- Ease the discomforts of age as a licensed massage therapist
- Bring honor to Veteran patients as an enlisted or veteran serviceman or woman
- Use organizational skills at the Repeat Boutique or as an administrative volunteer

...the list is endless!

Contact us at 509-783-7416 to learn how to join the Chaplaincy Health Care Volunteer Staff!

GIFTS RECEIVED IN *Loving Memory & in Honor*

MAY 12, 2017 - AUGUST 7, 2017

Thank you for remembering and honoring loved ones with gifts to Chaplaincy Health Care. Your loved ones, and the names of those who generously donated in their memory, are very important to us. If we have made any errors, please accept our sincere apology.

Nancy Allen

Rambling Rover Travel

Judy Armstrong

*Dennis Armstrong
Susan Blahauvietz
RaNae Knight*

Lettie Bell

Irene Llewellyn

Roberta Berg

*Karen Bell
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Jean Melson*

Martha Jahnke

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Cheryl & Dave Biberstine

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Anne Koepsell
Marjorie Sutton*

Joe Jorgenson

*Nancy Jorgenson
Linda Reder*

Dottie Killand

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Pat Johnstone Jones
Kay's Klub
David & Julianne Turner
Romana Vallee*

Ruby Eleanor MacLean

Florence Finn

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Ron & Marie Davidson

Barbara Marsh

Dawn Ann Noakes

James Meigs

Anonymous

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Marjorie Morse

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Barbara MacHugh
Nancy Parnell

Elva McGhan Wallace

Jack & Sondra McGee

Wayne F. Wallace

Jack & Sondra McGee

Dee Watrous

Don Wick

Mary Weber

Carol Hexum

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E. Thomas Weber

JoAnn Welch

Ryan Peterson

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Nora LeVon Silver

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Allen & Linda Hash
Barbara Whitehead

Laurence Winsor

Lavina Winsor

Lynn Wirfs

Michael Wirfs

Gordon Wright

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Jeanne Haley
Dorothy Harker
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Mary Zeigler

Dee Dee Noble

Kathleen Zepeda

Bart & Susan Sievers

John Zilar

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George & Marlene Fox
Lynda Hans
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Linda & David Zilar

IN HONOR

Mr. & Mrs. Dale Denham's Wedding

Susan & Ron Kathren

Jim & Nancy Edgar

Don & Carolyn Williams

Delaine Peterson

Rev. Todd & Gina
Schroeder

Audrey Simmelink's Birthday

Richard & Marlene Kuch
Bob & Dolores McClary
Jeannine McShane
R. Scott Williams

For your convenience,
memorials and donations may be
made on our secure website:
chaplaincyhealthcare.org



End-of-Life CONFERENCE

Friday, October 13, 2017 | THREE RIVERS CONVENTION CENTER, KENNEWICK



Participants will gain greater understanding of the complex issues in providing palliative and end-of-life care. Focus will be on terminally ill, aged, Alzheimer's and pediatric populations. Topics will include communication techniques, quality of life management and grief care.

FEATURING KEYNOTE SPEAKER: Jeff Beck, MD from Seattle Children's Hospital, "Having the Hard Conversation"

For agenda and registration details, please visit:
chaplaincyhealthcare.org/event/eolconference

For more information about the End-of-Life Conference, contact Brenda or Jannette at (509) 783-7416.

CONTINUING EDUCATION: 6.75 contact hours

This activity has been planned and implemented in accordance with the accreditation requirements of the Washington State Medical Association through the joint providership of Benton Franklin County Medical Society (BFCMS) and Chaplaincy Health Care. The BFCMS is accredited by the WSMA to provide continuing medical education for physicians.

The BFCMS designates this conference activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 6.75 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

This workshop has been approved for 6.75 hours of CEUs to the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental health Counselors.

GRIEF SUPPORT GROUPS AND CLASSES

Coping with the death of a loved one can be difficult. Some people seek the individual assistance of a Grief Care Specialist. Others prefer spending time with a small group of people working together through their grief. Whatever you choose, we are here to help...*you are not alone*. Groups and classes are free and open to the public.

Understanding Grief Class

*Saturday, September 16, 10 am–Noon
Thursday, October 12, Noon–2 pm or 6–8 pm
Thursday, December 14, Noon–2 pm or 6–8 pm
Call Cheryl (572-0593) or Wanda (783-6243) to register.*

This one-time, two-hour session is open to grieving adults. It covers common grief reactions, uniqueness of each person's grief, as well as healthy coping strategies. Includes a 30-minute DVD.

Coming to Terms with Loss

*Tuesdays, September 12–November 14, 6–7:30 pm or
Thursdays, September 14–November 16, 6–7:30 pm
Call Cheryl (572-0593) or Wanda (783-6243) to register.*

This group is open to adults experiencing grief due to the death of a loved one. It is educational as well as supportive. Books available to borrow. May be purchased for \$27.

Widowed Support Group

*Tuesdays, Sept 12–Nov 14, Noon–1:30 pm or
Wednesday, Sept 13–Nov 15, Noon–1:30 pm or 6–7:30 pm
Call Cheryl (572-0593) or Wanda (783-6243) to register.*

This group welcomes widows, widowers and partners who are experiencing grief due to the death of their loved one. Books available to borrow. May be purchased for \$27.

Cork's Place for Children, Teens, and Families

*Peer group sessions start in September.
Call Heather B. for information at 783-7416 or 378-4898.*

Sessions are specifically for children and adolescents ages 3–17 years. Ongoing groups meet regularly following the school year calendar. A separate support group for parents and guardians meets at the same time the children or teens are in their session.

Grieving Parent's Support Group

*2nd and 4th Wednesdays of every month, 6–7:30 pm
Spaulding Facility: 1480 Fowler St., Richland
Call Craig at 572-8349 for more info or to register.*

This group is available to adults experiencing grief due to the death of a child of any age.

First Year and Beyond: Drop-in Support Group

*1st Thursday of the month, Noon – 1:30 pm
3rd Monday of the month, 6:00 pm – 7:30 p.m.
Call Cheryl (572-0593) or Wanda (783-6243) for location.*

This drop-in format provides support to those who have experienced the death of a spouse or partner without the commitment of a 10-week group. Come share a cup of coffee, tea and refreshments while remembering your loved one and learning about grief. Feel free to invite a grieving friend or family member who has also experienced the death of a spouse or partner.

Survivors of Suicide Support Group

*1st and 3rd Wednesdays of every month, 6–7:30 pm
Entiat Facility: 2108 W. Entiat Ave., Kennewick
Call Cheryl (572-0593) or Wanda (783-6243) to register.*

The loss of a loved one by suicide can be especially traumatic and affects individuals differently. Some choose to attend a group soon after the loss, while others may wait years. Wherever you are in the healing process, we invite you to come and join others who are on the same journey. Books available to borrow. May be purchased for \$27.

Hope for the Holidays

*Saturday, November 4, Noon–2 pm
Wednesday, November 8, 4–6 pm
Saturday, December 2, Noon–2 pm
Call Wanda at 783-6243 for location.*

This one-time two hour session is open to grieving adults seeking help to navigate the holiday season. The class offers practical, concrete suggestions to assist in managing the stress, loneliness and confusion that holidays can bring. Includes a 30 minute DVD.





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SAVE THE DATE

Lighting the Path Breakfast

A BENEFIT FOR CHAPLAINCY HEALTH CARE

November 1, 2017 | 7:30–8:30 a.m.

Three Rivers Convention Center

HOSPICE CARE | PALLIATIVE CARE | GRIEF CARE | BEHAVIORAL HEALTH

Please join us in learning about the many ways Chaplaincy Health Care touches
lives in our community. Donations will be accepted during the program.



Expert Guidance During Illness and Grief

Thank you to our corporate sponsors:

AECOM at WTP and **WRPS**

To attend or to reserve a table (for 10) please RSVP to
Heather at **783-7416** or heatherf@chaplaincyhealthcare.org.